



## New Zealand Dietitians Board

*Te Mana Mātanga Mātai Kai*

# Products Dietitians can prescribe

The following subsidised products are able to be prescribed by Registered Dietitian Prescribers.

Always check the latest [PHARMAC Schedule](#) for updates to the current list of subsidised products, before prescribing as products and /or brand names can change.

Note some products need a Special Authority (SA). Some products have a dose restriction or maximum per prescription.

## Special Foods

All – see [PHARMAC Special Foods Schedule](#)

## Vitamins

### Vitamin B

PYRIDOXINE HYDROCHLORIDE (B6)

Tab 25 mg

Tab 50 mg

THIAMINE HYDROCHLORIDE (B1)

Tab 50mg

VITAMIN B COMPLEX

Tab, strong, BPC

FOLIC ACID

Tab 0.8 mg

### Vitamin C

ASCORBIC ACID

Tab 100 mg

### Vitamin B6 25

**Pyridoxine Multichem**

**Thiamine Multichem**

**Bplex**

**Folic Acid Multichem**

**Cvite**

### Vitamin D

COLECALCIFEROL

Cap 1.25 mg (50,000 iu)

Oral liquid 188mcg per ml (7500 iu per ml)

### Multivitamin Preparations

MULTIVITAMIN RENAL

Cap

MULTIVITAMINS

Powder

(inborn errors of metabolism only)

VITAMINS

Tab (BPC cap strength)

Cap (fat soluble vitamins A, D, E, K)

**Vit.D3**

**Puria**

**Clinicians Renal Vit**

**Paediatric Seravit**

**Mvite**

**Vitabdeck**

## Minerals

<b>Iron</b> FERROUS FUMARATE WITH FOLIC ACID Tab 310 mg (100 mg elemental) with folic acid 350 mcg	<b>Ferro-F-Tabs</b>	<b>Calcium</b> CALCIUM CARBONATE Tab 1.25 g (500 mg elemental)	<b>Calci-Tab 500</b>
FERROUS SULPHATE Tab long-acting 325 mg (105 mg elemental)	<b>Ferrograd</b>	<b>Zinc</b> ZINC SULPHATE Cap 137.4 mg (50 mg elemental)	<b>Zincaps</b>
Oral liquid 30 mg (6 mg elemental) per 1 ml	<b>Ferodan</b>	<b>Iodine</b> POTASSIUM IODATE Tab 253mcg (150mcg elemental iodine)	<b>Neurotabs</b>
FERROUS FUMARATE Tab 200 mg (65 mg elemental)	<b>Ferro-tab</b>		

## Oral electrolytes

COMPOUND ELECTROLYTES Powder for oral solution	<b>Electral</b> (5 sachets available on a PSO)	POTASSIUM CHLORIDE Tab long-acting 600 mg (8mmol) Tab eff 548 mg (14mmol)	<b>Span-K</b> <b>Chlorvescent</b> (not fully subsidised)
COMPOUND ELECTROLYTES with GLUCOSE (DEXTROSE) Solution with electrolytes (2x500ml)	<b>Pedialyte Bubble Gum</b>	PHOSPHORUS Tab eff 500mg (16mmol)	<b>Phosphate Phebra</b>
SODIUM CHLORIDE Oral liquid (4mmol/ml) (Only funded if prescribed for treatment of hyponatraemia)			

## Pancreatic Enzymes

PANCREATIC ENZYME Cap pancreatin 150 mg Cap pancreatin 175 mg	<b>Creon 10000</b> <b>Panzytrat</b> (to be delisted 1 June 2023)	Cap pancreatin 300 mg Modified release granules 60.12 mg	<b>Creon 25000</b> <b>Creon Micro</b>
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